



## Recommendations in response to the Coronavirus (COVID-19)

Please follow the outlined recommendations until further notice.

Little Brothers - Friends of the Elderly Upper Michigan Chapter will continue to monitor the situation and change our recommendations accordingly.

Please call 906-482-6944 with any questions or concerns.

### GENERAL RECOMMENDATIONS

Exercise precaution by following the most current CDC recommendations. <https://www.cdc.gov/coronavirus/2019-ncov/>

#### We recommend you:

Wash your hands frequently and use hand sanitizer.

Limit close contact including but not limited to kissing, hugging, handshakes, etc.

Cover your coughs by using a single-use tissue followed by washing your hands or using hand sanitizer.

Avoid touching your eyes, nose, and mouth.

Volunteers: STOP volunteering at the first signs of sickness and only resume after 2 weeks of being symptom free, even if you do not believe it is the coronavirus (COVID-19). Symptoms include fever, cough, shortness of breath, and other symptoms including, sore throat, body aches, and runny nose. <https://www.cdc.gov/coronavirus/2019-ncov/about/symptoms>

If you have travelled internationally or domestically to or from a community with sustained spread of coronavirus (COVID-19) cases within the past 14 days, please limit your interactions. <https://www.cdc.gov/coronavirus/2019-ncov/travelers/>

### HOW EMPLOYEES, VOLUNTEERS, AND COMMUNITY MEMBERS CAN SUPPORT OUR ELDERLY FRIENDS

Please continue to **VOLUNTEER** while healthy. Your elderly neighbors need support.

Pick up and deliver their medication if their pharmacy does not deliver.

Provide wellness check phone calls.

Pick up and deliver groceries and daily living supplies.

### PROGRAM STATUS DEFINITIONS. Please see other side regarding individual program recommendations.

**ACTIVE** - Operating as normal while taking precaution

**LIMITED** - Operating with limitations

**POSTPONED** - To be rescheduled to a later date

**CANCELLED** - Program or Service Cancelled



"Where Service to the Elderly begins by being a Friend"

*Serving the Elderly Since 1982*

as of 3/23/2020

### **Holiday Celebrations - CANCELLED**

We cancelled the Easter dinners, home meal deliveries, and holiday visits for the health and safety of all. We came to this decision after thoughtful consideration based on the latest information from the CDC and local health department regarding the coronavirus (COVID-19).

### **In-Home Visiting - POSTPONED**

Stop in-home visits.

Telephone Reassurance—Please continue your friendship through phone calls, emails, and snail mail. 2 times per week is preferred.

### **Medical Transportation - LIMITED**

Stop volunteering at the first signs of sickness and only resume after 2 weeks of being symptom free.

We ask volunteers to STOP providing door-through-door service and do not enter the medical facility.

We recommend volunteers wipe down the interior surfaces of the vehicle with a disinfectant wipe after each transport.

We recommend volunteers keep hand sanitizer in their vehicle.

Disinfectant wipes and hand sanitizer is available for volunteers at Little Brothers—Friends of the Elderly office.

Elders please call your doctor's office if you are concerned you have the coronavirus (COVID-19).

### **Small Group Activities - CANCELLED**

### **Mission in Motion Virtual Activities - ACTIVE**

Musical Mondays

Book Club/Poetry Readings

Trivia Days

Visual Relaxation

### **Food Bag Delivery - LIMITED**

Stop volunteering at the first signs of sickness and only resume after 2 weeks of being symptom free.

Volunteers are not to stay to visit when delivering the food. Make sure the recipient is home and leave the bag outside of their door.

We will use disposable paper bags instead of reusable bags.

### **Firewood Delivery - LIMITED**

Stop volunteering at the first signs of sickness and only resume after 2 weeks of being symptom free.

Volunteers are not to stay to visit when delivering the firewood.

Woodlot equipment must be sanitized after each session.

### **Medical Aid Equipment Loans - POSTPONED**

Please sanitize all items before donating or returning to Little Brothers - Friends of the Elderly.

### **Office Volunteering - POSTPONED**

Non-Essential Visitor Restrictions are in place. Call 906-482-6944 for more information.

Office limited to only 10 people at a time.

Office volunteers are restricted from working.

All visitors and volunteers must sign in and sign out.

### **Recognition and Trainings - POSTPONED**

