Please join us in reducing loneliness among the elderly during the COVID-19 outbreak. “Mission in Motion” virtual programs are designed to relieve social isolation while maintaining social distancing.

**VIRTUAL ACTIVITIES**

**Musical Mondays, Visual Relaxation, Trivia Days, Book Club/Poetry Readings**

Do you have an interest in books, poetry, trivia, meditation, or music? Please consider hosting one of our *Mission in Motion* Virtual Activities. We will host conference calls with small groups of our elderly Forever Friends in lieu of our normal small group activities.

**TELEPHONE REASSURANCE**

Volunteer to make telephone visits with one or a few elderly Forever Friends 2 times per week.

**FRIENDSHIP MAIL**

Can’t leave your house or do you need to keep your kids busy when they’re not in school? Consider writing letters, making greeting cards for Easter or birthdays, or share your children’s refrigerator art with our elderly Forever Friends. They can be mailed to:

Little Brothers—Friends of the Elderly ATTN Sarah Hoffman
527 Hancock Street, Hancock, MI 49930

**MEDICAL TRANSPORTATION**

Drive our elderly friends to and from their doctor appointments.

**PICK-UP & DELIVERY SERVICE**

Assist our elderly Forever Friends with maintaining their social distance.

Pick up and deliver their prescriptions and groceries from the store or from our pantry.

“Where Service to the Elderly begins by being a Friend”

*Serving the Elderly Since 1982*