

EASTER MEAL CELEBRATIONS



The spring-like weather has been trying to show up early this year which is a nice reminder that Easter is coming up quickly on March 31st. Having an early Easter means that we have already started making our plans for our Easter celebrations.

We will be hosting our Easter Meals at 10 sites in 5 counties in the U.P. on Easter Sunday. We are happy to report that one of the original Little Brothers meal sites has made a wonderful comeback in Tapiola. The local elders and volunteers have been very happy to be able to get together again to enjoy each other's company for the holidays.

Volunteers are needed at all sites in the kitchen, dining room, for meal delivery and clean up. You can register to volunteer online at register.littlebrothers.org. You may also call us to sign up to volunteer at our Hancock office at 906-482-6944 or in Marquette at 906-273-2575.

SIT - DOWN ONLY SITES

MEAL SERVED at 1 pm

- ♦ **CALUMET** - Sacred Heart Church
- ♦ **HANCOCK** - Church of the Resurrection
- ♦ **HOUGHTON** - St. Ignatius Church

SIT- DOWN and DELIVERY SITES

DELIVERY at 11:45am /SIT DOWN at 1 pm

- ♦ **BARAGA** - St. Ann's Church
- ♦ **ONTONAGON** - Holy Family Catholic
- ♦ **TAPIOLA** - Doelle - **12:30pm** delivery

- ♦ **MARQUETTE** - Elks Lodge
Delivery from 12-2/Sit-down at 2pm

DELIVERY ONLY SITES

- ♦ **CALUMET** - CLK School - 11:45am
- ♦ **HANCOCK** - Salvation Army - 11:45am
- ♦ **SOUTH RANGE** - Grace Lutheran - **12:45pm**



Holiday home meals are delivered to elders who cannot join us.



Elders and Volunteers enjoying the sit-down meal.

EASTER SUNDAY VOLUNTEER OPPORTUNITIES

Easter volunteer jobs:

KITCHEN FOOD PREP/COOK: A food safety certified lead cook will provide direction during the meal prep and cooking as you help to prepare the traditional holiday meal. Volunteers must be 13 years or older to work in kitchen.

KITCHEN FOOD LINE/CLEAN UP: The kitchen lead will oversee the volunteers while plating or packaging up the food. Volunteers are encouraged to sit, eat, and visit with the elders during the meal. The kitchen clean up lead will assign jobs for the clean up to ensure that all the dishes, kitchen surfaces and floors are cleaned to health department standards.

DINING ROOM SET UP/SERVE: The dining room lead will direct volunteers to set up the dining room and tables in a festive manner. The volunteers then help to serve drinks/meals to seated guests and sit down to enjoy the holiday meal with them.

DINING ROOM SERVE/CLEAN UP: Volunteers assist with serving meals to seated guests and sit to enjoy a meal and conversation with the elders. The Dining room lead will assign volunteer tasks to clean and sanitize the dining area that include clearing tables, sweeping, mopping, and vacuuming.

DISTRIBUTION SET UP/PACKAGE MEALS: The distribution lead will direct volunteers to help set up, prepare and package the meals into the individual delivery bags that will be picked up by meal delivery volunteers.



MEAL DELIVERY: The Distribution lead will assign the meals for volunteer drivers to deliver. Volunteers are encouraged to visit for a short while if the elder is receptive to company.

TRANSPORT ELDERS: Volunteers will be assigned to pickup elderly guests at their home and drive them to the meal site. Volunteers are encouraged to eat and visit with their passenger and then provide the elder a ride home.

ENTERTAINMENT: Provide musical entertainment at our sit-down meal sites before and after the meal. Volunteers are encouraged to eat and visit with the elders during the meal.



Volunteering to do nursing home visits on Easter

HOME VISIT with a gift and a flower

Visiting our Forever Friends who reside in the local nursing homes and assisted living centers with a gift is another way to volunteer on the Easter holiday.

You may sign up to volunteer at register.littlebrothers.org or call us in Hancock at 906-482-6944 or in Marquette at 906-273-2575.

The gifts and flowers can be picked up from the Little Brothers office in Hancock between **9:00 am and 12:00 pm on Easter Sunday** and in Marquette through prior arrangements.



In Memoriam

Shirly Moore

1/12/1922 - 11/4/2023

Visited by Les Bek

Carol Patrick

11/7/1940 - 11/9/2023

Visited by Marie Goetz
and Ren Olson

Marie Lempea

10/25/1938 - 11/23/2023

Visited by Ella Grabinger

Jean Alatalo

3/7/1941 - 12/15/2023

Visited by Ella Grabinger
and Doug Dernberger

Roland "Cutto" Liquia

4/12/1932 - 12/22/2023

Visited by Paul Luehmann

Robert Juve

3/25/1944 - 12/22/2023

Visited by Tony Schwaller
and Joyce Koski

Joseph Leu

7/3/1940 - 1/11/2024

Visited by Joyce Koski

Rose "Betty" Ahola

1/9/1938 - 1/28/2024

Visited by Jackie Bristol
and Joyce Koski



VALENTINE'S DAY PARTY



We had our Valentine's Day party luncheon on Saturday, February 10th at the Gloria Dei Church in Hancock. Everyone had a wonderful time getting together, visiting their friends, and enjoying the homemade turkey stew with biscuits. A lot of tasty desserts were baked and delivered by our talented volunteers who also joined us to help out at the party. We had piano music and an enthusiastic Valentine's bingo game to add to the fun and festivities.



MEET OUR NEW STAFF



Danielle Dolby (Activities Coordinator) - I cannot express how excited I am to be here working for Little Brothers! I am originally from Marquette, but I have been living in the Houghton-Hancock area for about a year now and I absolutely love it. I am currently attending university full-time as an online student through University of Michigan-Flint as a social work student. I am expected to graduate with my BSW in August of 2025. After graduation I plan to begin pursuing my master's degree in community-based social work. In my free time I love to cook and experiment with new recipes. I also love taking my dog for walks and exploring the Keweenaw area.

I have really enjoyed working alongside the wonderful staff and volunteers here at LBFE and I am so thankful for the opportunity to continue to bring activities and fun events to LBFE!



Jason Dellinger (Grant writer/Communications Coordinator)

- Hello there, my name is Jason. I am 43 years old and have always had a passion for helping people. I have been a strength and conditioning coach for the past 23 years, doing a bit of it all, from working with Olympians/Paralympians and our tactical communities, to owning my own gym for 6+ years. I came to the Copper Country in 2020 after my gym was shut down in Colorado. My wife, Mary, and my five children, Lainey, Rowen, Porter, Finley and Lette, all wanted to get back to our Midwest roots. I am

originally from Kansas City and my wife is from southern Minnesota, and we had been dreaming about reviving an old homestead. This is how I landed in the Keweenaw. I spent my first two years here tending to the land, bringing plots back to producing food, and developing infrastructure to raise animals and be able to source all our own food. After getting things settled, I started to get the itch to coach again.

I currently hold three different career positions and love the helping/coaching/teaching aspects of all three, as I get to help people be better versions of themselves every day. I am an Exercise Specialist for UP Health System-Portage, I am the Grant Writer and Communications Coordinator for LBFE, and I am an Adjunct Teacher for the CLK School District, teaching the Wild World of Sports and Swimming. During my leisure time, I love to workout, mountain bike, play pretty much any sport, and rockhound.

I am grateful to be able to assist an organization like LBFE in their mission. This work brings me great joy, and I cannot wait to serve our Copper Country elder communities for many years to come.

WELCOMING OUR NEW VPAS



JEREMY BRUNNER - I'm 26 and grew up in France, near Paris. After I graduated high school, I tried my hand at different career options; I first gave journalism a try for about a semester, hoping to dive into the world of storytelling and communication. However, it didn't quite click with me the way I had anticipated.

I then decided to pursue a bachelor's degree in English, thinking that I would teach French in North America. Even though I completed the degree, I still wanted to explore different options.

Trying to broaden my horizons, I ventured into the realm of sound engineering, getting another bachelor's degree along the way. While the technical aspects of sound intrigued me, I again wanted to discover something new.

Therefore, I made the decision to dedicate some time to volunteer work. This not only allowed me to make myself useful but also presented me with the invaluable opportunity to travel and immerse myself in diverse cultures.

At present, I find myself in the UP, thoroughly enjoying the experience. The nature around here is breathtaking, and the people I've encountered here are incredibly friendly and welcoming. I hope I can have a positive impact in some elders' lives, or at least build a few friendships along the way.



ROMY KULKE - Hello everyone, I'm Romy. I'm 21 years old and was born and raised in Berlin, Germany.

Before coming here, I spent one year in France to volunteer for the founder organization of Little Brothers "Les Petits Freres de Pauvres."

Just 2 months with LBFE and I have already made amazing new encounters. I especially enjoy visiting my forever friends. My goal is to be an amazing friend to them—hear their stories, learn from them and exchange interests.

I love sharing my passion for art. Additionally, I am fond of language learning.

I don't plan to miss out on trying new winter sports and taking advantage of the beautiful nature that the UP offers.

BECOME A FRIENDLY VISITING VOLUNTEER

In an effort to combat loneliness for our elders, we have Forever Friends who receive visits twice a month by our Visiting Volunteers. If you are interested in forming a friendship with one of our elders, you may call our Elder Services Coordinator in Hancock, Gail Ross, at 906-482-6944 ext.1011 or our Program Manager in Marquette, Les Bek, at 906-273-2575 ext. 2002 for more information.



VOLUNTEERING AT UPCOMING EVENTS AND ACTIVITIES

We have a variety of fun events and activities planned for our elders in the next few months. These outings and events provide great volunteer opportunities. Our biggest volunteers needs are for elder transportation and assisting at the events/activities. If you are interested in volunteering, please contact our activity coordinator, Danielle Dolby, at 906-482-6944 for more information.

ALL DATES ARE SUBJECT TO CHANGE



BARAGA

Baraga or Ojibwa housing commission

March 8th - St Patrick's Day Party

April 19th - Birthday Party Luncheon

May 17th - Mother's Day Luncheon

June 18th - Father's Day Event



HOUGHTON/KEWEENAW

April 10th - 3rd quarter Birthday Party Luncheon

April 24th - 4th grade event

May 12th - Mother's Day Luncheon

May 23rd - 4th grade Bowling Party

June 15th - Father's Day Bridgefest Car Show

ONTONAGON –

Ontonagon Housing Commission - Cane Court

March 7th – St. Patrick's Day Party

April 4th - Easter Luncheon

May 2nd - Mother's Day Luncheon

June 6th - Father's Day Event



ALL 5 COUNTIES

EASTER CELEBRATION

March 31st - Easter Holiday Meals

NEWS AND EVENTS FROM MARQUETTE COUNTY

It was a Happy Valentines Day in Marquette. Thank you to volunteers Evelyn Massaro & Helen Lafayette for preparing and serving lunch and to Carol Steinhaus, Erin Wasik and Yvette Lander for transporting and sharing time with our Forever Friends.



Valentine Trivia stumper: Valentine's Day is called Friends Day in which country? **Answer bottom right**



Thank you for volunteering for LBFE in Marquette!

We hope you can join us for upcoming events:

Easter Holiday Meal, Sunday, March 31st

Yes, it is early this year! Contact us now for volunteer opportunities. Thank you!

Stay tuned for details about our "Exploring Adventures" this Spring, Summer & Fall . . .

We are going out and about exploring the Marquette Regional History Center, U.P. Children's Museum, Presque Isle, Rippling River Resort, parks and beaches. Look out for a cookout!

Contact us: 906-273-2575



Finland



Join us for a

LBFE BIRTHDAY PARTY

TO CELEBRATE OUR FRIENDS WITH BIRTHDAYS IN JAN, FEB, MAR

THURSDAY 14 March

11:30am - 12:30pm

Marquette Township Community Center
1000 Commerce Dr.
Marquette, MI

Please RSVP by Thursday March 7th
by calling (906) 273-2575



Phone: 906-482-6944

Fax: 906-482-6106

Email: michigan@littlebrothers.org

Website: houghton.littlebrothers.org

Little Brothers - Friends of the Elderly

527 Hancock Street

Hancock, MI 49930

Address Service Requested

The Rose

Volunteer Newsletter

Spring 2024

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WE NEED VOLUNTEER MEDICAL TRANSPORTATION DRIVERS

Become a Drive to Care Friend and Driver.

- ♦ Volunteer for Local or Regional transports.
- ♦ Volunteer on your own schedule.
- ♦ Training provided until you are comfortable with transporting.
- ♦ **Stipends now available.**

Make a difference one ride at a time.

Thanks in part to:

The Clare Foundation

Mary Thompson Foundation

